What is claimed is:

1. A method for synchronizing network nodes in a subnetwork, where the network nodes have timers and at least one of the network nodes undertakes the function of a master, the time on the master being used as the reference time for the subnetwork, the method comprising:

insuring no unauthorized communication takes place in the subnetwork; sending a delay-time measurement message to every network node in the subnetwork in order to ascertain a signal delay time;

sending a time setting message to every network node; and aligning the time on the network nodes with the reference time for the subnetwork,

wherein each of the first three method steps are performed my by the master.

- 2. The method as claimed in claim 1, further comprising storing the signal delay time for the network nodes in the master.
- 3. The method as claimed in claim 1, wherein a network node, upon receiving a delay-time measurement message, simulates the alignment of a time thereof with the reference time at least once, and then sends a response to the master.
- 4. The method as claimed in claim 1, wherein the time on a network node is aligned with the reference time for the subnetwork immediately after reception of the time setting message.
- 5. The method as claimed in claim 1, wherein the time on a network node is aligned with the reference time for the subnetwork by way of a step-by-step basis.
- 6. The method as claimed in claim 1, wherein at least one step is repeated a plurality of times.

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- 7. The method as claimed in claim 6, characterized in that the master ascertains the signal delay time by sending a plurality of delay-time measurement messages and using formation of a mean.
- 8. The method as claimed in claim 1, wherein the master ascertains all the network nodes which are part of the subnetwork.
- 9. The method as claimed in claim 1, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
- 10. The method as claimed in claim 1, wherein the network nodes in a subnetwork are connected to one another by way of an optical transmission medium.
- 11. The method as claimed in claim 2, wherein a network node, upon receiving a delay-time measurement message, simulates the alignment of a time thereof with the reference time at least once, and then sends a response to the master.
- 12. The method as claimed in claim 2, wherein the time on a network node is aligned with the reference time for the subnetwork immediately after reception of the time setting message.
- 13. The method as claimed in claim 3, wherein the time on a network node is aligned with the reference time for the subnetwork immediately after reception of the time setting message.
- 14. The method as claimed in claim 2, wherein the time on a network node is aligned with the reference time for the subnetwork by way of a step-by-step basis.
- 15. The method as claimed in claim 3, wherein the time on a network node is aligned with the reference time for the subnetwork by way of a step-by-step basis.
- 16. The method as claimed in claim 4, wherein the time on a network node is aligned with the reference time for the subnetwork by way of a step-by-step basis.

- 17. The method as claimed in claim 2, wherein the master ascertains all the network nodes which are part of the subnetwork.
- 18. The method as claimed in claim 3, wherein the master ascertains all the network nodes which are part of the subnetwork.
- 19. The method as claimed in claim 4, wherein the master ascertains all the network nodes which are part of the subnetwork.
- 20. The method as claimed in claim 5, wherein the master ascertains all the network nodes which are part of the subnetwork.
- 21. The method as claimed in claim 2, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
- 22. The method as claimed in claim 3, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
- 23. The method as claimed in claim 4, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
- 24. The method as claimed in claim 5, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
- 25. The method as claimed in claim 8, wherein at least one network node in a subnetwork undertakes the function of the master in another subnetwork.
 - 26. A method, comprising:

insuring no unauthorized communication takes place in a subnetwork; sending a delay-time measurement message to every network node in the subnetwork in order to ascertain a signal delay time;

sending a time setting message to every network node; and

aligning the time on the network nodes with the reference time for the subnetwork.